

WK Endocrine Specialists

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Protocol For Patients on Diabetic Medication To Avoid Risk of Hypoglycemia While Driving

1. Always test your blood glucose before starting to drive.
2. Always carry a blood glucose meter and always carry appropriate snacks, including a quick-acting source of sugar (eg, juice, non-diet soda, hard candy, or dextrose tablets) and snacks with complex carbohydrates, fat, and protein (eg, cheese crackers) in their vehicle.
3. Never begin an extended drive with low normal blood glucose (eg, 70-90 mg/dL) without prophylactic carbohydrate consumption to avoid a fall in blood glucose during the drive.
4. Stop the vehicle as soon as any of the symptoms of low blood glucose are experienced and measure and treat the blood glucose level.
5. Do not resume driving until your blood glucose and cognition have recovered.

I have read and understand the above protocol and acknowledge that it has been reviewed.

Patient Signature: _____

DOB: _____

Printed Name: _____

Date: _____