

Patient Reminder

You cannot be allergy skin tested if you take a Beta-Blocker.

Please do not stop Beta Blockers suddenly or on your own.

Medications that interfere with allergy skin testing:

Medications need to be stopped at least 7 days prior to testing:

Antihistamines:

Levocetirizine (Xyzal) Desloratidine (Clarinex) Cetirizine (Zyrtec, others) Dymista
Loratadine (Claritin, Alavert) Diphenhydramine (Benadryl, others)
Chlopheniramine (Chlor-Trimeton), Cetirizine (Zyrtec, others) Dymista
Fexofenadine (Allegra), Hydroxyzine (Atarax, Vistaril), Azelastine (Astelin, Astepro, Optivar eye drops),
Olopatadine (Patanase, Pataday, Patanol eye drops), Promethazine (Phenergran), Tylenol PM, Tylenol Cold,
Tylenol Flu, Ephedrine. Check the medication label for antihistamine.

Theophylline: Theo-Dur, Respbid, Slo-bid, Theo-24, Theolair, Uniphyl, Slo-Phyllin

Tricyclic Antidepressants:

Notriptyline (Pamelor) Deripramine (Norpramin) Doxepin, Amitriptyline (Elavil), Doxepin

Benzodiazepines: Clonazepam (Klonopin), Temazepam (Restoril), Diazepam (Valium) Lorazepam (Ativan),
Midazolam (Versed), Alprazolam (Xanax)

Atypical Antidepressants/Sedatives: Bupropion (Wellbutrin), Eszopiclone (Lunesta), Quetiapine (Seroquel),
Zolpidem (Ambien)

Certain heartburn medications:

Cimetidine (Tagamet) Pepcid
Ranitidine (Zantac) Axid

*****Do NOT have to stop the following medications:*****

Prednisone and other steroids do not block allergy skin testing

Singulair, Sudafed, Mucinex (Guaifenesin), Phenylephrine, Celexa, Lexapro, Prozac, Symbyax, Paxil,
Zoloft, Nexium, Prevacid, Prilosec, Protonix, Duloxetine, Desvenlafaxine, Milnacipran, Venlafaxine.

Afrin, Beconase, Flonase, Nasacort, Nasarel, Nasalide, Nasonex, Rhinocort, Omnaris, Veramyst do
not interfere with testing.

Asthma medications do NOT need to be stopped:

Accolate, Alvesco, Advair, Aerobid, Albuterol, Asmanex, Atrovent, Azmacort, Combivent, Flovent,
Foradil, Intal, Maxair, Proventil HFA, Pulmicort, Serevent, Singulair, Symbicort, Tilade, Xoponex

Birth Control Pills, Hormones, Antibiotics, 81 MG Aspirin, will not interfere with testing and may be
taken as prescribed.

****Please wear a short sleeve shirt** Avoid lotions on arms the day of testing****

****Testing can take up to 1 ½ to 2 hours****

****We will contact your insurance company to check the coverage of your allergy testing, but you may contact them for benefits on the following codes: 95004, 95024, 95115, 95117, 95165**